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Artistic artichokes, P4

## THE GLOBAL TIMES

**MONDAY, DECEMBER 20, 2021** 

# Drowning in dues

## The World And Its Quintessential Problem Of Always Being In Debt

Anupriya Bhatnagar

AIS Vasundhara 1, Alumna

Te who is quick to borrow is slow to pay' - no matter which generation picks up the newspaper, this proverb rings true for every single one of us, especially considering how every new headline talks of the debt hole countries keep falling into. Some borrow, some lend, some pay back, and some say sayonara, try tomorrow that's how it has always been. But lately on this seesaw of money, one side seems to be getting heavier and heavier as we sink deeper and deeper into dues, so will we ever be able to restore the balance?

#### The star bucks of the show

2020 was a difficult year for everyone around the globe. Economies crumbled and debt loomed larger than ever, with the world under 281 trillion USD of debt by the end of last year, as per the Institute of International Finance. This was 355% more than last year's global GDP. 24 trillion USD of this loan was acquired just

crease by at least 10 trillion USD by the time the world welcomes 2022. Developed, developing and undeveloped markets suffered alike - France, Spain and Greece faced the worst when it came to first-world economies. China, Turkey, Korea and UAE, amongst the emerging markets, sank the deepest in debt. South Africa and India became the countries with the biggest increase in government debt ratio, and Peru and Russia won the award for the greatest corporate debt accumulation. The developing countries suffered a tad bit more, as the foreigncurrency debt stood at 8.6 trillion USD just for the last year. India saw a 71% increase in its debt in the last 5.5 years whereas the per capita GDP only rose by 30%. But if the country was suffering, so were the countrymen. With reports of household debt rising by 1.5 trillion USD just in the first six months of the current year, we now stand at over 55 trillion USD. All of this accounts for a huge mountain of money, but instead of touching the sky,

last year, and the number is all set to inwe are closer to digging our own graves its original intention, a payback on those because of it.

### Making cents of the problem

As the world progressed, at least onethird countries in the world saw an increase in household debt linked with the rising housing prices and living costs. But this increase is not something we acquired in the recent past, but rather is an unwanted hand-me-down from our ancestors, who have even passed us their debt dating from the 1970s and 1980s, some even as far back as World War I and II. One of the biggest events that caused increase in global debt in the past was the increased price of oil in 1973, where a lot of nations that were a part of Organisation of Petroleum Exporting Countries made quick bucks and deposited them in commercial US banks. Those banks loaned the money in haste to various developing coun-

tries in the name of invest-

ments. With terrible

terms and the money

not being used for

tight monetary policies, causing a rise interest rates and even a worldwide recession in the second half of the 20th century. The developed countries suffered because of recession and never getting their money back, and the developing ones were already suffering in debt and its interest rates, coupled with the damage colonisation had left on them in the past. Already way behind the starting line, countries that were once colonised had huge debt on their heads before they could come to zero and have a fresh start, even after gaining independence. Case in point: Apartheid, ending in early 1990s, caused South Africa around 46 billion USD in debt and the figure still accounts for around 74% of the present debt that the country faces. The situation was already terrible; our head was already under the water and then came COVID-19 which cost the world more in 2020 than all natural disasters in the past 20 years. With a 24 trillion USD loss till February 2021, and the price tag increasing every single day, it not only cost us our fellow beings, health, and normalcy, but also our financial stability.

loans was hardly witnessed. This coupled

with the US inflation led to extremely



Christmas decor, P9

With Chanel and Twitter having new Indian CEOs, is it safe to presume India is taking a leap towards newer advancements and making its place firm in the global arena?

a) Yes b) No c) Can't say

To vote, log on to www.theglobaltimes.in

#### **POLL RESULT** for GT issue December 13, 2021

Do you think global semi conductor chip shortage will impact India's automobile industry drastically?



**Coming Next** See you after winter break

# The time for change

WORLD ECONO

## .Is Now If We Want To Protect Ourselves Against Climate Change



seems easy, but acting upon it is not. Yet some of us do not shy away from taking up this herculean task of saving the planet, and one of them is Aditi Pathak, programme officer, UNESCO. She is an expert facilitator for courses on climate change and intercultural competencies with a special focus on education for sustainable development, global citizenship, and social and emotional learning. When GT was given a chance to interact with her at AIMUN 2021, a platform she graced as a guest speaker, we asked her how we can aid her in the fight. Here's what she said in response...

### On education for a better world

One of the main steps we need to take to combat climate change is making climate change education a mainstream topic in our curriculum. It is also important that we integrate the concept of sustainability in our minds at a very young age. These issues need to be taught in

classrooms because education is transformative and can change the way we think and evaluate. And just providing information is not enough, which is why we must also focus on key skills like social and emotional aspects of climate change so that all negative emotions attached to the concept can be addressed.

### On individual steps for a better world

Apart from Reduce, Reuse, and Recycle, there are many other important Rs as well. One of them being Refuse, because it teaches us the important concept of mindful consumption, be it food, clothes, mode of transport used, or anything that we use in our lives. Since everything comes at a cost to the environment, it is vital for us to be conscious. "Do I really need it? Do I really want it?" - ask yourself this at every step.

### On the pivotal role that **UNESCO** plays

The mandate of UNESCO is to

build peace and work on education. Till now, UNESCO has been preserving around 1073 historial world heritage sites, which is a big service to our culture and history. A lot of times people only realise the importance of a place when they see it is a "UNESCO world heritage site". Its main aim is also to be a promoter of peace, and people do not realise it often, but remaining in a state of peace requires much work. It is a flagbearer of ideas of global citizenship, education, and sustainability, and I think that is a very big achievement. The organisation has run for a decade where it has taken sustainable development a step further, and will continue to work even harder.

### On younger generation as climate warriors

Younger generations are our future, which is why it is important for them to know the fight they are fighting. Climate movements today are mainly being led by young people like Greta



In talks with Aditi Pathak

Thunberg, which shows that it is important to keep them in the loop. The internet, then, becomes a really important tool for them to be sensitised, but just access to information is not enough. Social media can be a double-edged sword, for not everything on the internet is authentic, but it can also provide you a lot of information and you can learn about various social movements going on in the world. It definitely has the potential to amplify climate change and adoption of more sustainable behaviour, something which is required to turn future generations into active climate warriors.

Continued on page 4...

## **Mirror** News and Views



GT keeps the newswire ticking by bringing you news from around the globe

## **FRANCE**

### Chanel appoints new global CEO

French luxury fashion brand, Chanel named Indian-born Leena Nair, who had previously served as Unilever's top HR executive, as its new global CEO (Chief Executive Officer). Succeeding current Chanel CEO and owner Alain Wertheimer, Leena's appointment in the office is the first time that the fashion industry has picked up an outsider. Her tenure will officially start from January 1, 2022, and will be based in London.



#### Records 78,610 new cases

The nation recorded its highest daily Covid-19 cases since the beginning of the pandemic, with 78,610 cases reported in the last 24 hours. Amidst the new highly transmissible variant, the number of cases has soared up exponentially; owing to which, Prime Minister Boris Johnson has warned the citizens of a 'tidal wave', and requested all to get booster vaccinations by the end of January to strengthen immunity against the virus.

## **UKRAINE**

### Foreign forces to join drills

To strengthen its national defence capabilities and maintain stability amidst continued hostility from Russia, Ukraine parliament, on December 14, 2021, approved a draft law to allow foreign forces to partake in military exercises on its territory in 2022. The draft was submitted by the Ukrainian President Volodymyr Zelenskiy, who plans to hold 10 large military troop exercises in the coming year. Till now, there has been no response from Russian side.



## **MALAYSIA**

## Vessel capsizes killing 16

At least 16 Indonesian migrants, headed to illegally enter Malaysia from Indonesia, have reportedly drowned and died as their boat capsised because of overload and stormy weather waves off the southern state of Johar that borders Singapore. With 14 people found safe and an additional 20 still missing, the rescue operations by Malaysian Maritime Enforcement Agency (MMEA) and the navy are well underway.





## 'Stolen' antiquities returned

The New York district attorney, Cyrus Vance, announced return of around 200 antiquities worth 10 million USD to Italy. Around 150 of these stolen articles have been recovered from Edoardo Almagia, an Italian New York based dealer. The articles recovered include a ceramic vessel called 'Pithos with Ulysses' dated 7th century BCE, a terracotta image of a goddess entitled 'A head of a maiden' from the 4th century BCE, etc., amongst others.

## **DUBAI**

## First govt. to go 100% paperless

Having successfully achieved the objectives of the 'Dubai Paperless Strategy' launched in 2018, Dubai government has become first in the world to go fully paperless. The Crown Prince, Sheikh Hamdan, on Dec 11, 2021, announced that all government transactions and paperwork in the country have now been digitalised, a strategy that has managed to save a whopping 350 million USD and an estimated 14-million-man hours so far.





## INDIA

### Durga Puja acquires heritage tag

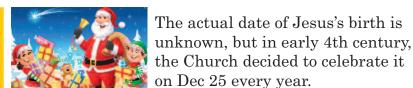
As part of the 16th session of the Intergovernmental Committee for Safeguarding of the Intangible Cultural Heritage, UNESCO included Kolkata's Durga Puja, an event wherein "divides of class, religion and ethnicities collapse", in its list of 'Intangible Cultural Heritage of Humanity'. With the intent to ensure protection of such cultural heritages worldwide, the said list was created in 2008, and now has over 14 Indian events enlisted in it.

## SRI LANKA

## World's biggest blue sapphire

The state-run National Gem and Jewellery Authority, certified the world's largest corundum, an immensely valuable blue Sapphire stone that was discovered three months ago in Ratnapura, gem city of Colombo. This rare gem, weighing around 310 kgs, has been named 'Queen of Asia' and is all set to be sold in the international market for the highest amount possible, as stated by Thilak Weerasinghe, chairman of the said authority.





# Carving it out!

## Spooky Story Of The Profession Of Pumpkin Carving



Arnay Goel, AIS Gurugram 43, X

magine you are walking down the street and you come face to face with the magnum opus of Edvard Munch, The Scream, but on a pumpkin! Welcome to the life of a professional pumpkin carver - replicating some of the best artwork humanity has to offer on an orange gourd with uncanny speed is just another day for them.

## Who is a professional pumpkin carver?

For the general populace, carving a pumpkin entail lopping off the top, scooping the slimy seeds, and jabbing the unfortunate plant until

it barely resembles a jack-o-lantern. But this isn't the case for professional pumpkin carvers. Carving intricate designs on hundreds of pumpkins each month, they make your pumpkins look like string art done by a toddler. The innards and discarded pumpkins are sown right back in the earth, making this job environment-friendly.

### But how does the profession of pumpkin carving even work?

Firstly, the carvers communicate with the client meticulously to make sure no misinterpretations about the design occur. Then, the right pumpkin is selected - typically one with

a long stem and a hollow body - and gutted, ready for carving. The design is first hand sketched onto the pumpkin using carbon paper. Then the carvers use an impressive repertoire of sharp objects, including pocket knives, linoleum cutters, and lemon zesters to slowly scrape away the skin and create a shadowing effect.

#### What skills do professional pumpkin carvers need to have?

Becoming a professional pumpkin carver is not as easy as it sounds. The job requires a dollop of creativity, patience and endurance. Artistic skill and basic knowledge of business and negotiating is a prerequisite for becoming a great pumpkin carver. It never hurts to have a college degree in an art-related course. A professional pumpkin carver makes anywhere from 19,800 to 47,330 USD, depending on the clientele and experience.

### What are some tips from professional pumpkin carvers?

The first tip that pumpkin carvers give is to never cut the opening from the top. The stem provides the nutrients and increases the longevity of the pumpkin. Once you cut into a pumpkin, start moving as quickly as you can. Your canvas is a living thing having an average lifespan of five days. If your pumpkin is wilting a little, soak it in a tub of ice water for a few hours. It will firm up significantly. It can last for three days if it is left alone in the sun but its life span can be extended up to three weeks by following the above tips and keeping at an optimum temperature of 20°C.

Well, if you want your canvas to be an unconventional surface, you adore scaring people, and have artistic expertise, then this profession is carved out just for you.



## **Drowning** in dues

Continued from page 1...

### Time to be pennywise

The situation of our economy was already so bleak, and the pandemic pushed us back deeper. In such circumstances, we wonder if there is anything that can be done to fight off the knockout punch. Well, there is! One of the ways the world has managed to avoid a greater debt crisis in the past has been lower interest rates mixed with massive monetary policy support. Central banks throughout the world had lower interest rates and would supply liquidity, which would quickly establish swap lines and help many emerging countries in maintaining their market access. If we go back to paying attention to such crying under debt. With so measures, reports claim that it could add around 7.3 trillion USD back into the market, a financial aid we desperately need. Not only so, but the IMF

also needs to up their game if we are to go on the offensive. Even though they offer emergency finance support to around 76 countries, a lot of new programmes in their pipelines like Catastrophe Containment, Relief Trust, G20 Debt Service Suspension Initiative etc., will make the situation lighter for countries when it comes to struggling financially. Wider adoption of enhanced collective action clauses in bonded and non-bonded debt, and also with an increase in debt transparency can help the world to address this terrifying issue.

Our society has innumerable achievements under its belt, and yet we are still suffering and much smartness in the world, maybe it is time for us to truly understand the real meaning behind the saying "pair utne hi felaao jitni chaadar ho!"

# Towards hyflex and hybrid

## The Experiment Of Fusing Work And Home To Get The Best Of Both Worlds

Nandita Bansal, XII E & Anjika Gupta, X A **AIS Saket** 

he pandemic has shaken the entire world to its core, forcing us to look for extreme alternatives to carry on living our lives. One such alternative that has truly shone in these times is often related to 'hybrid', incorporating itself in our education system as well as work culture. A mix of traditional face-to-face time and online activities, the question is whether this hybrid is here to stay or is it just a phase that will roll out after the pandemic is done and dusted with? Well, Leo found the answer to this question when he saw his father and grandfather in a heated discussion...

**Grandfather:** No, it just does not make sense. How can innovation take place through conversations among rectangles on a screen? I tell you; this generation is doomed!

Father: No, it is not. This 'doomed generation' has rather found the perfect solution by creating an environment that combines remote working with on-site working. This way I get to choose which I like more and can even divide my time between them to have the best of both worlds.

Leo: Yes, grandpa, dad is right! I even read something about hyflex classrooms as well where students can attend a class in-person and some can join in virtually from their homes. Even the teachers can teach remotely or in-person using various tools like video conferencing and other software. Isn't that cool?

Father: It is so cool! If implemented for my



work, it would mean that I only have to go to office for important events like kick-off meetings, orientations, team building processes, etc., but still carry on working from home. The same goes for Leo and his school classes.

Grandfather: Would that not be ridiculously complex to understand? It is so much easier if everyone just goes to school or office. What is the need for all of these shenanigans?

Leo: But grandpa, it can enable personalised

learning which helps each child learn at their own pace instead of being forced to rote-learn like robots. Not just so, but this gives them flexibility to learn as per their comfort and requirements. and creates a better and more understanding environment. Not to mention that AI and technology has made so many advancements to make our life easier, so why not use it to its full extent? **Father:** True! I read in a survey that 9 out of 10 office going millennials think that having the freedom to choose where and when they work is more important than their salary. Work that was completed in an entire day at the office is now winded off in a mere 2 hours' time. Doesn't that save time, energy and productivity?

Leo: When I grow up and work, I would want to work at a place that understands my comfort and working style, and can focus on flexibility. Grandfather: Well, Leo, it will also come with its own challenges for you, then, like Wi-Fi connectivity issues, distractions, overcrowded flats with no proper workplace – a definite contrast from a proper working office building. What will

Leo: Of course, there will be issues, grandpa. You told me that there is no smooth sailing in life without a little trouble, but we can all get through anything if we talk to each other and aim to find solutions. That's what we need to do with hybrid systems as well. There should be a regular communication between all the parties, so a track of work and productivity can be kept. It has its own struggles, but it is worth a shot. Don't you think

**Grandfather:** If you say so! But I am unsure.



## rimeless timepieces

## The Pendulum Strikes; Smart Watches Have Arrived!

Yashwini Seth, XI E & Daksha Tuteja, XI C, AIS PV

Trom being a precise seamanship's instrument back in the 15th century to becoming a necessary military equipment in the 20th century, wristwatches have a timeless relevance that can't be overlooked. Whether we talk about smartwatches acing the digital sector or the intricate designing of a traditional analog watch made by a watchmaker, they incorporate every client's need profusely. Howbeit, even after looking at them for the last oh-so-many years, we haven't really looked through them. Read on as we try to right this timely wrong...

Mastering the analog With the advent of smartwatches in the 1970s, the expected shift from analog to technologically advanced smartwatches was inevitable. But antique watches or mechanical watches have not completely lost their charm, but have instead aged like fine

wine. Swiss watches, known for their lavish and exorbitant prices, still exist as a popular choice amongst luxury class as these have maintained their exquisite craftsmanship, contributing to the type's enormous reputation for more than 400 years now. Furthermore, each analog watch is specially curated by experienced watchmakers who zero in on the tone, size, machinery, dials, strap material, and the overall appeal of the watch. The wide array of choices it offers is what gives it an edge over smartwatches.

The right smartwatch Waking up in the 21st century, smartwatches have not only been able to cater to tech enthusiasts but have attracted multi-taskers too. A smartwatch is equipped with apps that one may require to run errands, and brands are further adding several features, like heartbeat huntsman, sleep huntsman, smartphone connectivity etc., to them. Along with attributes like built-in voice-controlled personal assistants, the added daily goal completion signal in some is no less than a party. Though all these softwares consume a lot of battery and need regular charging cycles, these wearable computers do have sufficient LED screen space that makes it all worthwhile, proving that smartwatches are here to stay.

### Analog vs digital

Statistically speaking, the watch industry is more in favour of smartwatches as they are able to upgrade themselves to be better. Apple shipped nearly 31 million units in just 2019, a 36% jump from what its sales were in the previous year of 2018. The Swiss watch industry, which

includes brands like Swatch and TAG Heuer, on the other hand, witnessed a 13% decline in its sales in the same year. In these, the elements used are more durable, and their essence lies in their longevity, whereas digital watches, because of software upgradation and lower costs, have a shelf life of less than 5 years. Recognising this dilemma, some brands have provided hybrid options to the customers. They have amalgamated both analog and digital features for a wholesome experience for the users.

So, if you are searching for a definite answer concerning smartwatches replacing analog watches, the way out is only up to you. In this competitive peddle of watches, bear in mind to be sensible, and remember, to opt for the one that matches your daily grind.





## Act now or never

Continued from page 1

### On economy vs environment

Many developing nations need growth in industry and infrastructure to boost their economy, but it also ends up conflicting with nature most of the time. To such a question, there is no easy answer. Countries are still struggling with this debate in international politics as well, but here the responsibility of developed nations also comes into picture because they have contributed to the cause against climate change to a large extent. The problem also becomes about equity because people below the poverty line are the worst affected in all tragedies. Another way to go about it is going back to the traditional knowledge systems and relying on traditional knowledge to make things more sustainable. There is no simple answer, like I said, but we have to continue to strike for a correct balance between boosting the economy and also caring for our environment.

On conspiracy climate theories There is no easy answer to convincing people that believe cli-

mate change isn't real even though there are many theories and research that's been done on it. So, instead of focusing too much on persuading non-believers, I would suggest that the younger generation should focus on the actions that they can take to combat climate change. Instead of trying to pursue these people, you should keep spreading and sharing actual information and focus on what more can be done because actions speak louder than words.

### On the message for Amitians

Stay happy! Young people today are stressed, anxious and worried about their education, career, or even life in general, so to all of them, I want to say that being happy is your own choice that you choose every moment and every day. When you are happy, you stand in a better state to take better actions and decisions. "Be the change you wish to see in the world" - this is my favourite quote, and to all the students reading this, I hope you adopt this in your personal life. Remember, it is our planet and it is our responsibility. GT

## Artistic artichokes

Illustration: Ananya Mittal, AIS Vasundhara 6, X B

ruits and vegetables make up the largest chunk of our nutrition. However, their role is not just limited to a wholesome diet. Their significance permeates across economy, environment, health and social sectors, proving how they are, in fact, essential commodities to attain a sustainable world. Keeping the same in mind, the United Nations has designated 2021 as the International Year of Fruits and Vegetables to make us cognisant of the diverse roles that they undertake. Shaking hands with this goal, GT brings you a brand-new series, wherein each part will explore the various facets of one fruit or vegetable, highlighting why it is important to preserve these precious



**Ananya Mittal** AIS Vasundhara 6, X B

Hev! My name is: Artichoke I am also known as: Cynara car-

### About me

- I belong to the Asteraceae family and am one of the oldest foods known to humans.
- My name is borrowed from an Italian word 'articiocco' which means high stump.
- I was domesticated around the Mediterranean and the Canary Islands over 1200 years ago. By the 16th century, Italy and France had begun commercial production of my varieties.
- Ancient Greeks and Romans have labelled me as a delicacy and an aphrodisiac.
- I have thick stems and large protruding leaves, and can reach a height of three to four feet.
- One plant of mine can produce up to 20 artichokes per year.
- If left to mature, my edible flower bud can grow up to three to six inches in diameter with purple petals on the top.
- The total antioxidant capacity of my artichoke flower heads is one of the highest reported amongst



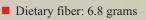
all known vegetables.

■ I have more than 140 different varieties, and each has a strong flavour, high nutritional value, medicinal properties, crunchy texture.

### What I offer

About 120 grams of me, can provide you:

- Calories: 64
- Carbohydrates: 14.34 grams
- Protein: 3.47 grams
- Fat: 0.41 grams



- Water content: 100.9 grams
- Vitamins (B9, K, C)
- Other minerals like copper
- magnesium and potassium

### I can help you with

- Reducing bad cholesterol
- Aiding in better digestion
- Preventing gallstones
- Reducing risk of cancer ■ Lowering high blood pressure
- Reducing risk of liver disease

## Where can you find me

I am a perennial plant and require well drained loamy sand with pH between 6.1 to 6.5 for my cultivation. I grow best in frost-free areas with cool, foggy summers and warm temperatures ranging from 2-27 degree Celsius during the day. Though I am grown worldwide but, in 2019, Egypt, Italy and Spain became my top three producers and comprised 55% of my total global consumption. From 2016-2018, my overall global production has seen an increase of a whopping 18.3%. Now isn't that saying something!

## My different avatars

- Jerusalem artichoke
- Baby anzio artichoke
- Big heart artichoke



- Castel artichoke
- Chianti artichoke ■ Fiesole artichoke

### Why I fear climate change

I am mostly cultivated in the Mediterranean region with temperate climate, which just goes to prove that surviving climate change would almost be completely impossible for me. Though farmers across the world have time and again tried to come up with hybrid seeds that can tolerate warmer climate, but extreme temperature fluctuations, whether too cold or too hot, always stood in the way and exponentially affected my quality every single time without fail. To add to that, the increasingly frequent heat waves are further damaging my growth and hampering my production capacity a great deal. Thus, I feel you should urgently intervene and mitigate climatic change if you want to save me from dying. You don't want to miss out on all my nutrition, now, do you?

# Maharana's pride

## The Tale Of The Great Warrior's Companion And His Valour That Has Left A Mark

Suhani Malik, Alumna & Shyla Basu, XII C **AIS Pushp Vihar** 

The master doesn't choose the horse, the horse chooses the master! And I will choose Maharana until hell freezes over.

Tune 18, 1576 - as the dawn lined the horizon in faint yellow, the imperial army of Mughal • emperor Akbar, commanded by Man Singh I of Amber, steadfastly made its way to incarcerate Udaipur. As a defense tactic to obviate the inrush of the advancing army, I with my master, my Rana of Mewar, Maharana Pratap and his flock of archers and cavalry guarded the narrow 1 km long pass, namely Haldighati, in the Aravalli ranges. We could hear the enemy horses galloping and closing in on us with every moment that passed. What ensued was a long bloody battle between us and them, between the loyalists that we were and the encroachers that they proved to be.

Though out manoeuvring our opponents in a still inchoate battle, we were slowly and gradually inching closer into the quagmire. Maharana's subsequent fall rushed and affirmed Mewar's fall. He was bruised! My Maharana was in distress. Damned be the sword that touched my Rana. Oh, Rana! I needed to shield

him as a bulwark against the enemy swords. And, so I ran. Feeling the life drain out of him with faster than before, to protect my master before it every shallow breath, I flew faster than the wind, was too late. Soon, I could see the castle from my leaving clouds of dust behind, blackening vision. My legs slacked off as I immortalised creature brought Maharana to safety. Upon entrusting him of my passing. valour and into safe hands, having known I had served him resilience, serving with all I had, I shut my eyes, forever. With his my Mewar. In a hands cradling my head, the last thing I heard trice, however, I was him lamenting my sacrifice and felt a blinding pain shedding tears for my gallantry. shoot up my leg. I That's my story! I am Chetak, Maharana looked around to Pratap's pride, his Marwari horse, one of the finally realise that an 5 indigenous horse breeds of India. elephant tusk had torn Devoted to him and to no one else, through my leg and as I shuffled of this battlefields. The poets tagged me crippled it. In that very moment, Maharana stirred from his agony. But before he could sense my injury, I leapt. The speed Autobiography

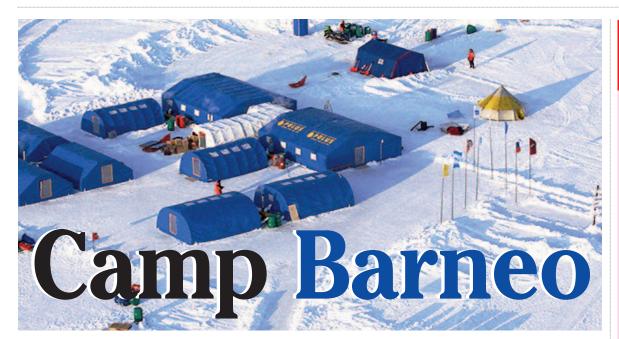
CHETAK BREATHING LAST

tore at my wound. But I knew I had to go on, mortal coil in his arms, he vowed to never let me slip from his memory and commissioned his people for formation of my samadhi, also called the Rakht Talai Chetak Samarak, at the very spot

June 18, 1576 - I ceased to exist, yet I lived! I lived to be immortalised in his thoughts and alongside him in the folklores of the world contentedly. Howbeit, the world had no clue of my existence until the 18th century folk ballad, KhummanaRaso, unveiled me as Maharana's 'Neelaghoda' (blue horse). They christened me so owing to my fur that possessed a bluish hue and seemed to sparkle as I ran across

> 'Mayur greeva' for my peacock neck, true to the physiognomy of my Marwari breed, while the humans marvelled at my tale of fearlessness and troth. And as my story spread, I became an epitome of resistance and by extension, of the nationalistic fervour against any foreign incursion. GI

> > My fealty to Rana transcends the mortal realm; with him, I lived, with him, I eternised!



## An Expedition To The Top Of The World...

Anika Bansal, AIS Vas 6, X D

ith abundant time that the pandemic had dumped into our hands, I had been instructed by my mother to clear out the stacks of old notebooks in my study to make room for new ones. This led me to find my journal from three years back, where I kept a record of the most fascinating places I had ever visited. My most memorable journey in there was to the Barneo Ice Camp near the North Pole. And so, as I began to read the messy, old entries in the journal, and nostalgia struck hard...

### Week 1

It's been a few days since I touched down, in the famed Anton-74 jet, at the northernmost airport in the world, and I have been nothing but enraptured by it. This makeshift runway is located 25 miles from the North Pole and is a part of a seasonal camp, namely Barneo, owned by the Swedish billionaire Frederick Paulsen. It costs millions to run and is uniquely dangerous as the pole itself does not move, but the ice and everything on it are in constant motion. And since the ice sheet melts in summer, it must be rebuilt from scratch each year. This daunting task starts with the quest for an ice floe suitable for the camp. Once the site is found, the crew parachutes down. Next, the airdropping of bulldozers, drums of fuel, food, and tents takes place. All in all, the creation of the runway is an elephantine job in itself, and it is like no other.

### Week 2

It's been more than a week, and the magic is yet to wear off. With its layout, Barneo feels like a quaint village, comprising of two mess rooms, one for crew and clients each. Between them are the cold storage and kitchen. There are medical tents, 2 helicopters on standby, a generator room to provide electricity, and washrooms. There is, however, an absence of hot showers, and you can only give yourself a good rub-down with the ice, which is an experience

The people visiting Barneo are riveting as well. For example, there is another group of researchers here who are set to partake in a perilous expedition to the North Pole either via skis or helicopter. People can skydive or scuba-dive there which piques the interest of the adventurer in me; though it has been admittedly dampened a bit since the ocean there is frozen, as well as by the warnings of polar bears.

### Week 3

As part of a surprise planned for us by our sponsors, we just got back from the top of the world where we got the chance to circumnavigate the entire globe in under a minute; yes, that is possible as all the meridians converge there. Isn't that impressive? Also, people from all over the world come here to take part in the Annual North Pole Marathon organised by the camp. But sadly Barneo season shall soon be coming to an end as rising mercury will melt the frozen surface of the ocean, and just like that, no human will be able to set foot on this extraordinary place for the next 11 months or so. Well, this has been one of the best experiences of my life, and I shall cherish it forevermore. GT

## **Duirky New Year**

Avyaan Talwar, AIS Gurugram 46, V F

s 2021 is all set to dawn, and 2022 knocking on the door, promising joy, good health, and happiness in its wake, we cannot help but sneak a peek Linto how different cultures around the globe revel in the spirit of new beginnings. Here's looking at some of the quirkiest New Year Eve traditions, because

**Spain:** With 12 seconds remaining on the clock until new year, Spaniards eat 12 green grapes to bring good luck in the coming year.



Japan: Japanese follow the Buddhist tradition of ringing the Buddhist bell or Bonsho a total of 108 times at midnight on December 31 to bring in goodwill and banish all the worldly human sins.



their windows on December 31.



**Brazil:** Most Brazilians make an offering of white flowers and candles to Yemoja, the water deity, in order to seek blessings for the



**Denmark:** People in Denmark take pride in throwing dishes at their neighbours' front doors. It is believed the bigger the pile of broken dishes, the luckier you will be in the new year.



South Africa: To commence the new year Ecuador: Ecuadorians welcome the new fresh, South Africans as a customary year by burning the bad memories of the practice throw all their old furniture out of previous one. They set fire to paper scarecrows at midnight as they believe it helps in banishing ill-fortune.



The Xmas song Silent Night is the most recorded song in the world with 733 different versions being copyrighted since 1978.



## Enterprise Excellence



2021 had its fair share of ups and downs. Thankfully it ends on a positive note, as Satyam Mehta of AIS Noida, has been featured in the latest edition of Forbes, a prestigious business magazine. Satyam has been accorded this recognition for his entrepreneurial initia-

tive 'Rural Invest', an app designed to spread financial literacy among rural people. Equally heart-warming is the feeling that social upliftment is the thought behind Satyam's efforts. His success is testimony to the fact that a holistic education, which gives academic and human excellence equal importance, can do wonders for a child's development.

Indeed, even in the past, there have been several instances where Amitians have come up with excellent business ideas even as young, school students. This strong foundation, that helped them hone skills of also being good leaders, has today made them successful entrepreneurs. Being an entrepreneur, however, is not just about building an enterprise, it is also about being a responsible citizen. Entrepreneurship is the spirit of passion, perseverance and pragmatism, and at its core lies the vision for a better and happy future.

I am happy to see so many young innovators and inventors, being fostered at Amity. From smart bins to smart education, from saving the environment to helping the elderly, there have been a wide range of real solutions that have emerged from the bright minds at Amity. These talented children have made me proud, winning awards at national and international competitions. My blessings to all my students, who I am sure will keep the flag of entrepreneurial excellence flying high in the coming year as well.

# Goodbye



In a few days from now, we will all welcome a brand, new year and bid adieu to 2021, a year that has been a mixed bag of emotions for each one of us. I recall vividly how we started 2021 with so much hope, thinking that the worst of the pandemic was behind

us. And surely, it seemed to be going well until the first quarter when the second wave hit us unexpectedly and took away with it all our optimism of having a normal life once again.

Yet, there is always a light at the end of the tunnel and a rigorous vaccination drive brought this growing monster to a halt by middle of the year. Once again, our country rose like a phoenix and order was restored. Businesses bounced back, children returned to school and families came together to celebrate festivals. Yes, the losses have been irreparable, and wounds will take time to heal, but last year has also taught us the importance of many things we took for granted. We learnt how to value those we love, how to regain our inner strength in the face of the worst hardships, and above all, how to reach out and help those in need. And when a society comes together to support each other, when all lines of class and community are blurred, there can only be one outcome. We reclaim a life full of confidence and courage to deal with whatever tomorrow may bring. I trust and believe that 2022 will be the year where this spirt of togetherness will shine even brighter. GT

Published and Printed by Mr R.R. Aiyar on behalf of Dr (Mrs) Amita Chauhan from E-26, Defence Colony, New Delhi 110024 and printed from HT Media Ltd, B-2, Sec 63, Noida (UP). Editor Ms Vira Sharma.

■ Edition: Vol 13, Issue 40 ■ RNI No. DELENG / 2009 / 30258.

Opinions expressed in GT articles are of the writers and do not necessarily reflect those of the editors or publishers. While the editors do their utmost to verify information published, they do not accept responsibility for its absolute accuracy. Published for the period Dec 20-26, 2021

# Adieu General

## Remembering A Man Of Action And A True Patriot Of India

Col RC Patial, Headmaster

Amity Indian Military College

Take up one idea. Make that one idea your life – think of it, dream of it, live on that idea... and this is the way to success."

— Swami Vivekananda

eneral Bipin Rawat's way to success, I suppose, flows out from Swami Vivekananda's above quote. This mantra was also the basis of his motivational words received by his niece Bandhavi Rawat, the national shooter who got 11 golds during the shooting championship which concluded after the tragic MI-17 helicopter crash on December 8, 2021 in Coonoor hills. She remembers him as always espousing that, "Whenever someone takes up any task, they should not rest until they complete it." She dedicated the gold medals to General Rawat and the other warriors who died with him.

General Rawat was known in the armed forces, and in the government circles, as a 'go-getter' and a hard task master who never took 'no' for an answer, and always wanted a solution. He was a man of action who never hesitated in taking hard decisions, even in the face of opposition. Cross border strikes and stand offs against the Chinese are sterling examples of taking a strong stand against adversaries. No wonder then, he was known as a 'no-nonsense General' who strictly adhered to rules. He was an honest officer who was upfront during media interactions, always speaking his mind instead of giving diplomatic answers. As India's first Chief of Defence Staff (CDS), he had



Pic courtesy: PTI

won everyone over with his articulate opinions. He was truly the 'People's General' as christened by our country's media. His untimely demise has left a huge void for not only his Regiment and the Indian Armed Forces, but also the nation. India has lost a great strategist who displayed immense acumen in the ongoing restructuring of the armed forces. There was not a single dry eye when he was honored with a 17-gun salute at his funeral. It was not just the armed forces, but the entire civilian pop-

ulation that stood up to pay respect to this distinguished officer and gentleman.

Indeed, to be a soldier is the highest call of duty and to lay down life in the line of duty is the ultimate sacrifice. The respect such a solider gets knows no boundaries, and this is evident from a twitter comment of a Pakistani army veteran who wrote, "He has no land at Lutyens Delhi, no pizza food chain, no investment outside the country, children are not sent to US/UK. No bank account in Switzerland. He was building his retirement home in his hometown...This is the main reason why INDIA is mourning."

Over 25 countries, including their foreign ministers and diplomats, extended condolences to New Delhi in the aftermath of this tragic incident. The United Nations' chief, Antonio Guterres, also expressed his heartfelt condolences with these words, "As you may recall, General Rawat served the United Nations with distinction and we fully appreciated that work."

One will always remember General Rawat as a true follower of the Bhagwad Gita which tells us to be a karmayogi. He never refrained from taking action and performing it well. His purity of mind and action is what must have pleased our Gods in heaven with whom he now rests. I am sure

General Rawat is smiling down upon his country, which always came first for him.

About the writer: Patial RC is a retired Infantry officer of the Indian Army. He had a unique experience of serving in active CI Ops across the country and in Sri Lanka. He contributes his views on military and travel related matters in military professional journals quite regularly. The veteran is also a keen mountaineer and a trekker.

# Meant to fly

## It Is Time You Realise Your True Potential

Amara Sood AGS Gurugram, Alumna

## Perspective

ne fine day, while walking down a lonely road, a man came across an abandoned egg and spotting a nest nearby, he picked it up and safely placed it inside the nest. Little did he then know that the nest belonged to a backyard hen. So, as time thus passed and all the eggs hatched one by one, the eaglet and the chicks grew up together, making the farmer believe that he was a chicken. He would do whatever the other chicks did; flying a few feet above the ground, clucking his wings, and scratching in the dirt, etc., became an integral part of his chick-like existence.

Years later as the eagle grew old, he saw a majestic creature with mighty wings flying high in the sky. The bird had a large, hooked beak and an appearance of a beast with strength that could tear apart anybody. Seeing it, the eagle wondered what it was. To quench his curiosity, he inquired his chicken cousins about the same. To which they replied,

"That's a golden eagle. It is the emperor of all birds, the ruler of the sky, but don't worry you will never be able to become like him because you are a mere chicken who belongs on the ground." As such, believing it to be the only truth of his existence, the eagle lived and died a chicken.

This tale was narrated by Anthony de Mello, a Jesuit Priest, to his disciples as it contains a profound message. It sheds light on how we, as humans, often contain ourselves to become chickens while we were born to be soaring eagles, emphasising how it is important for us to discover ourselves and realise our true potential. Howbeit, the most crucial question here is - how long will it take for us to make this shift, to be daring enough to find out our life's purpose and awaken to the truth at hand.

The story of Icarus delivers a somewhat similar message. Most of us must have read his tale and remember Icarus as the one whose father made him wings out of wax, so that he could escape from Crete. While at it, his father also warned him to not fly too high and close to the sun as the wings would then melt and lead to his fall. Overcome by his giddiness and excessive pride, however, Icarus ends up dying by doing exactly what he was not supposed to. But what most of us miss out on is the fact that his father also cautioned him to not fly too close to the sea as his weight would cause his plunge into the water. Likewise, most of us do realise the downsides of being too pompous, but aren't aware of the pitfalls of being too modest, too fragile, and too afraid. It is thus, rightfully said that the greatest tragedy of someone's life is not when they aim too high and miss the mark, it's when they aim too low and hit.

The takeaway from these tales is thus, to try and create a balance between things. It is important to be not misguided by enthusiasm and over confidence, but at the same time, being too modest is also not healthy for your personal growth. It could prevent you from affirming your own identity. So, step out of your comfort zone and bring about changes in your life that favour you and help you attain an enhanced personality. Discover yourself and cherish it because that is exactly who you are meant to be!





### Dear Editor,

This is in reference to the article 'A clean slate' published on page 6 of the GT edition dated December 13, 2021. The article dwells on the human tendency to remember only the bright and blissful chapters of life. If given a choice, all of us would want to efface the distressing memories. Our memories are special, they define who we are and enable us to travel from the past to the present whenever we like. The grass always seems greener on the other side but what might look like a good 'escape' could turn out to be an impulsive decision. The article also rightly draws a comparison between a memory and a card in a pyramid. Pulling out even a single card means pulling out several other cards along with it. The complete deletion of memories isn't the best solution. While obliteration of disturbing memories appears to be the perfect way to deal with the anxiety and distress caused by the painful events, especially with the advancements in this field, we must understand the inexorable effects it can have on our personalities and future.

Deetya Gambhir, AIS PV, X A



# this

eeks, years, decades, centuries...as time goes by day by day, the world keeps progressing into a newer direction. But as our eyes always stay glued to the telescope, trying to get a glimpse of the shining future we work so hard to create, it's important to take a break and appreciate how far we have come. Let's look back at the pages of history falling between December 20-26 that played their role in shaping our society.

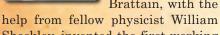
The tallest Christmas tree ever

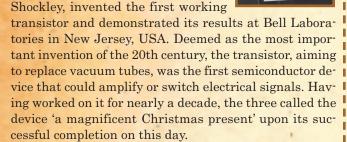
Washington.

displayed in the world was 221 ft tall and was presented in Seattle,

1947

American engineer John Bardeen and American physicist Walter Houser Brattain, with the







Polish-French physicist Marie Curie, along with her physicist husband

Pierre Curie, discovered radium as part of their study of uranite, a type of uranium ore. As

the couple removed uranium from the ore sample, they were left with radioactive material that they figured

should be 2 new elements, radium and polonium. Though they discovered polonium a little earlier in July same year, radium was found and named on this day. They measured radium's intensity at around 3000 times uranium, and were, in 1991, awarded Nobel Prize in Chemistry for their pathbreaking discovery of the same.

## The world of celebration

1914

series of widespread unofficial, impromptu cease-

fires, popularly known as the Christmas Truce, occurred along some two-thirds of the 30-mile long Western Front during World

War I. The following day, French, British and German soldiers met in no man's land to exchange gifts, talk, play football, and click photographs, creating one of the most memorable images of the truce. Since then, the Christmas Truce has become one of the most famous events of the first World War, where soldiers sing carols and exchange food, reflecting a mood of 'live and let live'.

# The world of entertainr



2012

Gangnam Style, a song by South Korean singer PSY, became the first video ever reach the unprecedented milestone of 1 billion

views on YouTube. Released on July 15, 2012, the song, as the name suggests, refers to the upscale culture associated with the Gangnam district of Seoul, where people are considered 'modern, cool and classy'. The viral hook step of the song is an invisible horse-riding dance, performed by PSY. As of today, the video has over 4.27 billion views and 2.3 crore likes on the YouTube.



DEC 1937

Walt Disney Animation Studios released the first American fully animated feature film in the history, Snow White and the

Seven Dwarfs. Starring Adriana Caselotti, Roy Atwell and Harry Stockwell amongst others, the film had its local premiere at the Carthay Circle Theatre in LA, California. Based on the famed 1812 German fairy tale by Brothers Grimm, its story revolves around an orphan princess living with her wicked stepmother, the production of which took nearly three years to complete. Walt Disney was awarded an honorary Oscar for the same in 1939.

DEC

2010

tember 20, 2011.

vicemen



Beatles' namely I Want To Hold Your Hand, was released in America, marking the beginning of the Beatlemania.

Having already become a commercial success in UK, the record sold more than 1 million copies in America in the first ten days after its release, with a whopping 10,000 copies sold every hour in the New York City alone. The following year, the single reached No. 1 spot on the Billboard charts and reigned there for an impressive seven weeks before it was knocked down a peg by another Beatles song, She Loves You.

## The world of sports





The first ever game of basketball was invented at the YMCA Training School in Springfield, Massachusetts, when Dr James Naismith, a Canadian physical education instructor, Don't Ask, Don't was tasked to create a new indoor Tell (DADT), a game to keep athletes in shape in cold 1993 US policy weather. With a goal to create a game which gave hot that would be simple enough to unmosexual ser- derstand but complex enough to be inand teresting, Dr. Naismith formulated 13 the rules for the same initially. As such, right to join the the game was played with 18 stuey kept their sex- dents, divided into two teams of 9 ual orientation secret, was repealed. men each. The following year, on Both the House of Representatives March 11, 1892, the school organised and the Senate voted to rescind the 1-the first public basketball game.





Canadian ice hockey defenceman, Paul Coffey became the second defenceman ever to record 1000 points in a record-breaking 770 games. Known for his speed and scoring ability, he ranks second all-time among NHL defencemen in goals, assists, and points, behind only Ray Bourgue. By the time he retired, he played for a total of nine teams in the National Hockey League and 14 All-Star I Games, and became a four-time Stan-

ley Cup champion, winning the first three with Edmonton Oilers and the

fourth one with Pittsburgh.

## The world of politics



1885

Japanese politician and statesman, Duke Itō Hirobumi became the first Prime Minister of Japan, a position that he went on to hold 4 times, making his tenure the

ountry's history. Ito, a well-educated Samurai of the Chōshū Domain, in his capacity as the PM, worked extensively to strengthen Japan's ties with other western countries. He was also the one who drafted the constitution for Japan, wrote the first Imperial Household Law, and set up the peerage system. Later in 1903, he resigned from his post to become the president of the Privy Council of Japan.

1814

The Treaty of Ghent, a peace treaty to end the War of 1812, was signed between Great Britain and the United States in the city of Ghent, United

Netherlands (now in Belgium). The treaty restored pre-war trade and territorial borders

between the two parties, with no side gaining or losing any territorial, economic, or political rights. It was signed into law by the Prince Regent (future King George IV) on December 30, 1814, and only came into effect upon ratification by the then US President James Madison on February 17, 1815.



policy, and the act for the same was

signed into law by the then US

President Barack Obama, allowing homosexuals to serve openly in the

US armed forces. However, the full

implementation occurred on Sep-



Text: Aarushi Anand, AIS Vasundhara 1, XI D



# Anew family



Sharanya Arun AIS Saket, Alumna

The dew droplets took the form of diamonds against the green of the leaves. Sunshine filtered through the green leaves, turning them almost golden. The first signs of winter were here. It was quieter here in the woods, away from the bustle of the town.

Alice finally found herself at peace. But this peace was momentary. Alice knew that no matter how hard she tried to escape, she would have to go back. Yet she wanted to soak in every minute that she spent in the woods. After sometime, she stood up and began making her way back to home because Anna and Marcus were all alone.

The children were found all alone in the woods by Alice a month ago. They looked famished and helpless. When Alice inquired about their parents, the children could say nothing because they were perplexed as to what had happened to them in a jiffy. The twins were worried because their parents were missing. She wanted to do every bit to help them and this is when she decided to take them to her little abode. It was only two days later that she had found out about the death of a couple due to a shipwreck, and also about the possibility of children missing in a local newspaper.

Alice could never muster the courage to inform the kids about the bad news. She knew how it felt to lose loved ones. Her heart pounded every single time she saw the kids and when they ap-

She wanted to do every bit to help them and this is when she decided to take them to her little abode.

proached her with inquisitive eyes, "Are they coming today?" "Not today, but soon," she replied in a comforting voice. Gradually the questions faded away with time because Alice provided them all the comfort she could afford. She had now become more of a parent figure than a stranger for the children. But whenever she saw them, dread hung on every inch of her body because someday she would have to show them the truth. And what scared her more was the outcome of the truth, what would happen once the truth was in front of them? Will the children hate her for keeping it from them for so long? Or will they understand her?

Nonetheless, Alice was determined this time to face them with the truth. She decided to reveal the same after her short visit from the woods. Surprisingly, Alice saw Anna and Marcus waiting for her outside the house. She anticipated something was wrong as she neared them. Anna ran to her with a newspaper rolled in her hands and said, "They are never coming back, aren't they? With a lump in her throat, Alice said, "Let's go home." Anna and Marcus surrounded their arms around her and walked with her back into the house. They didn't know what awaited them in the future, but they were now a family. GI

Thou pinned to the holy cross

Even at the very brink of death

The rabble soon broke even

They fought for your clothes

Of your return and their oath

A testament of your iron will Your immortal presence lingers still

In the pious air of Golgotha

Where the city glows softly

And such was the sight

Under the bright Christmas star

Yuletide lights and baubles make

Carols the wistful 'Silent Night'.

The comely streets look bright While the iridescent falling snow

The faithless and penniless men

While the angels sang sorrowfully

Prayed for them all to be forgiven

Till your very last breath, O Lord!



## **Glass bottle art**

Aishwarya Srivastava, AIS VKC Lko, IX A

### **Material required**

- Ice-cream sticks
- Glass bottle ■ Tissue papers ■ Newspaper
- Water ■ Glue
- Paints ■ Golden dust
- Paintbrush



### Method

- Begin by cleaning up the glass bottle properly.
- Now take some glue in a bowl and mix it with water in equal parts to make a liquid paste.
- With the help of a brush, apply this paste all over and cover the entire glass bottle.
- Take paper tissues and tear them into smaller pieces. Once done, paste them directly on the bottle. Re-apply another coat of the paste to secure all ends and let it dry completely.
- Take your ice cream sticks and paste them horizontally on the bottom half of the bottle (refer to the picture).
- After covering the asked surface, paint the entire bottle with a dark brown colour and let it dry.
- In a bowl add water and soak some torn newspapers in it. With the wet papers, make small balls by combining multiple pieces of paper and leave them to dry completely.
- Take another set of newspaper pieces, dip them in water, and make 3-4 long cylindric tubes from it, long enough to cover the entire bottle in one round. Leave them to dry.
- After the balls and tubes are completely dry, paint the balls in purple colour and the tubes in green.
- Start pasting the balls and the tubes on the top half of the bottle to create a bunch of grapes as seen in the photo.
- Once you are done and are happy with your design, add some gold dust or highlighter on the top.
- Your beautiful and creative glass bottle décor is ready.

## **WORDS VERSE**

## Messiah

Suhana Abrol AIS Saket, XII E

Yesterday, I heard you pass by You also caught the visitors' eye Of course, you did, always do But you're too humble to stand In the limelight, it's just true

Such were your curious features Your hair white as frozen wool And sleek burnished bronze feet Your eyes blazed with a fierce Righteous fury, burning evil deeds

Why do you tickle one's curiosity Is it your gait or your vigour



That catches their total attention Or is it the way you promptly appear After your prodigious resurrection

Alas, fate flipped a terrible toss

The moment was finally going to arrive To greet everyone politely and to them Show each and every poem I wrote Howbeit, the wait was also worthwhile! GT

## **Waiting for the GT interview** And I will be asked the questions piled **Ayden Sharma**

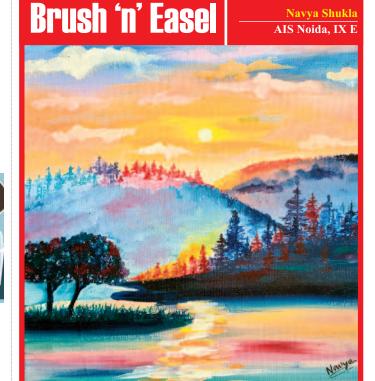
AIS Gurugram 46, XI

As I joined the link for my interview With Amity background behind me I saw Shweta ma'am sitting upright Giving careful pieces of advice

As the call for the first person struck She left us with an ecstatic smile I wondered when my turn would arrive

In a few minutes, the way lighting strikes I realised, I forgot to wear my purple tie I rushed to my mother with a helpless cry Where have you kept my only purple tie?

Dressed, I stared at the laptop for a while Like Arjuna aiming for the fish's eye I had several moments of nervousness As I knew that it was almost time



An Italian tradition states that a Christmas dinner should have more than seven courses, making the dinner last for more than four hours.

# Party in

Imaging: Deepak Sharma,GT Network



**Ayaat Tahseen Hussain** 

AIS Vasundhara 6, V E

t was Rina's first time travelling abroad and her destination, Belarus, seemed to be the land of fairy tales, sparkling with lights and trinkets. The air was thick with a celebratory fragrance as it was the time for the annual festival. However, Rina's heart was far from excited for she never wanted to come to Belarus to begin with. But owing to her father's job which required him to travel a lot and his wish to do so with the entire family this time, she was left with no other choice. And to make matters worse, it was Rina's birthday the next day. Her birthdays were usually hushed and sober as her father was rarely home, and her mother would be too busy with work, but at least she had her friends with her; they were her only salvation as they'd celebrate her birthday with tremendous enthusiasm.

However, now that she was in Belarus already, Rina, in an effort to shrug off her negative thoughts, decided to partake in the festivities the following day. The next day thus, keeping up with her decision, she got up early and got ready to wander the streets of Belarus. But as she was walking around, observing different stores, stalls and activities, she heard someone call out her name out of the blue. Rina turned around in surprise as she saw a figure approaching towards her. It was her childhood bestfriend, Mikki, someone Rina hadn't seen in years. She couldn't believe her luck. Running into her childhood friend in the middle of a foreign country was uncanny, but she was ecstatic to see her and so was Mikki.

Having exchanged all the courtesies thus, Mikki suggested they go back to Rina's hotel room to catch up and order some food, for she was starving. Rina agreed and they both walked back to the hotel where Rina and her family was staying. She wasn't too worried about her parent's reaction, because she believed that they'd be too busy with their work to notice. As far as she was concerned, they had already left the hotel to finish up their work.

But nothing could've prepared Rina for what came next. The moment she entered the room, she heard a loud chorus yell out, "Surprise!" followed by bangs of glitter bombs. Rina couldn't believe her eyes; she rubbed them once, she rubbed them twice and rubbed them one more time for good measure. She wasn't dreaming and yet the scene in front of her didn't make sense. The

The moment she entered the room, she heard a loud chorus yell out, "Surprise!" followed by bangs of glitter bombs.

room was so beautifully decorated with balloons and ribbons that it resembled a greeting card. And in the middle of the room stood her parents who gestured her to come closer.

"Your parents tracked me down and invited me and my parents over here. Happy Birthday Rina!" whispered Mikki excitedly as she gently pushed Rina forward. As Rina moved ahead thus, she was greeted with more familiar faces. Rina could see all her friends on the screen of her father's laptop. They had joined the celebrations through video calls. As they sang the birthday song for her in unison, her father hugged her saying, "Forgive me, beta. You had to be dragged all the way to an unknown country because of my job, especially on your birthday. I know I wasn't always around, but today, I wanted to do my best and this is what I could come up with. I hope you are happy with everything."

The sincerity in her father's voice made Rina tear up. She burrowed her face in his chest in order to hide her tears and just shook her head. Her actions conveyed what words never could. Everything was perfect, and her smile outmatched the brilliance of the festival of Belarus. GII

So, what did you learn today? Word: Uncanny Meaning: Strange or mysterious



## Coconut

Sapphire Almeida, AIS Noida, II F

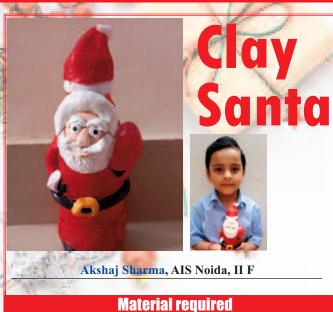
## Ingredients

Desiccated coconut	1 cup
Milk	1 cup
Powdered sugar	<sup>3</sup> /4 cup
Cloves	2
Black pepper	2
Gems candy	

### **Procedure**

- In a large bowl, add desiccated coconut and powdered sugar. Mix well.
- Now, pour some milk into this mixture and keep stirring to give it a thick pastelike consistency.
- Once done, use your hands to scoop out the coconut paste and ball them into sphere-like shapes. Make three such spherical balls and then place them one over the other.
- Now, use two clove pieces to make the hands of the snowman, and peppercorn to make the eyes.
- Finally, decorate the snowman with candies as per your wish.
- Your coconut snowman is ready!

## Take A Look At Creative DIYs By Amitians To Celebrate The Occasion



## ■ Glue

■ Acrylic colours

- Method ■ Take a plastic bottle and cover it whole with clay with the help of glue. Keep it aside to dry.
- Now, take small portions of clay and mould them to make Santa's face, arms, feet, parts of costume such as the belt, the gift bag, and the cap, etc.
- Sculpt the face and detail it further with eyebrows, mustache, beard, etc., using even tinier portions of clay.
- Once done, stick all the parts on the bottle at their respective places (as shown in the picture). Now, keep the whole structure aside for at least 24 hours for
- Post that, paint the costume red; and the eyes, eyebrows, moustache, beard and cuffs of Santa white. Complete the look by painting the eyeballs and the belt black.
- Your clay Santa is ready!

the clay to firm its hold and dry properly.

■ Small plastic bottle- 1

■ Air dry clay





## Christmas Vaanya Tyagi AIS Vasundhara 6, III C

## **Material required**

- Ivory sheets- 2
- Scissors
- Green chart paper- 1 ■ Fevicol
- Miniature Christmas decora-
- tions Method
- Take an ivory sheet and make a large cone out of it.
- Take another sheet to prepare a base for the cone and paste it. Now, take a green chart paper and cut numerous 5x5 cm strips.
- between, vertically cut it in order to make frills. ■ Paste these frills on the cone, from the top to its very base.

■ Then take the strips, and while leaving a gap of about 1 cm in

- Lastly, decorate the cone with thermocol shimmery balls, Santa figures, sticks and gifts.
- Your simple yet fancy Christmas tree is ready!



## Snowman

Yashvi Jain, AIS Noida, III

### **Material required**

- Yarn
- Balloons- 2
- Tape
- Scrapbook paper (black)
- Glitter paper (red) ■ Hot glue gun
- Glue
- Ribbon
- Red cloth

### Method

- Blow up one large balloon and a smaller one. Use tape to secure the two together.
- Now pour glue & water and make a thin paste.
- Dip the yarn into this mixture and wrap it around the balloons. Once they are dry, use a pin to carefully pop and remove the
- balloons from inside the yarn circles. ■ Cut out eyes and mouth of the snowman from black scrapbook paper, and stick them (refer to the picture).
- Use clay for the nose of the snowman, and stick it as shown. Now cut out two circles, one larger than the other, and one rectangle from the black scrapbook paper.
- Roll the rectangle horizontally to form a hollow tube-like structure. Secure it using glue.
- Stick the larger black circle at the bottom of this tube and the smaller one at its top to form a hat (refer to the picture).
- Now, wrap a red ribbon around this hat, and attach it to the snowman using glue.
- Using red glitter sheet and black scrapbook paper, form three designer buttons for the snowman and attach them with the help of glue, on the larger balloon.
- Finally, wrap a red cloth around the snowman's neck joint.

situated in Canada.



According to me, the most significant event among the countless breakthroughs that marked 2021 was El Salvador adopting Bitcoin as an official currency. El Salvador became the first country to use cryptocurrency as its legal tender and made this move in order to facilitate remittance payments from Salvadorians living abroad. Moreover, citizens will be able to make tax payments in Bitcoin, and inclined businesses will be able to accept transactions using the volatile digital currency. This decision has had a great impact worldwide as now many countries such as China, USA and the UK are also considering adopting digital currency. As the world immerses into the digital age, all countries have their eyes set on El Salvador to see if it is leading the

way or tumbling down the rabbit hole!"

Devang Narula, AGS Gurugram, XI

chain of significant events, some of which have made a deep impression on the history of the modern world. The 2021 Taliban offense of Afghanistan and the fall of Kabul brought adverse implications for the people of the country. The humanitarian and political crisis has claimed lives of hundreds of citizens along with ruthless torture and tyrannical laws on females. While some were fortunate enough to escape from the country, many lost their silver lining when the final American troops were withdrawn in August 2021. Seeing all this, we can only hope and pray for better days for the citizens of the country in 2022."

Koyal Das, AIS Gurugram 43, X B

"The Tokyo Olympics was definitely one of the most sensational and memorable moments of the year. One Javelin throw changed the course of Indian history forever!

23-year-old Neeraj Chopra became India's first track-and-field made list and the second Indian to win a gold model.

Olympic gold medallist and the second Indian to win a gold medal in one of the world's most prestigious sporting competitions. Not only Neeraj Chopra but other athletes like Mirabai Chanu and Ravi Kumar Dahiya won silver medals for weightlifting. PV Sindhu, Lovlina Borgohain, Bajrang Punia and the men's hockey team made our country proud by getting Bronze medals.

Their victory paved the way for a new generation of athletes to

pursue sports as a career and lead to more medals in India's future."

Saara Mathur, AIS Noida, XI G

Mathur, AIS Noida, XI G

for sure. One of them was when the gymnastics star, Simon Biles, decided to drop out of the 2020 Tokyo Olympics, prioritising her mental health and wellbeing over what the world wanted her to do. I believe that it takes strength and resilience to take part in the Olympics, but it takes even more strength and fortitude to withdraw. Thus, by vocalising her mental problems in the face of the global media, she has not only shattered the lingering stigma around mental health issues, but has highlighted this ignored issue."

Mariam Fatma, AIS VKC Lko, X B

"2021 brought an unparalleled reboost in the economy, proving it to be an exceptional event of the year. In 2021, the global economy recovered and bounced back with a growth of 6%, being the swiftest in the past 50 years, and had the most vigorous post-recession recovery in the past 80 years! At the same time, growth projections in advanced economies, unprecedentedly accelerated, at the rate of 5.2%, as well as by 6.2% in universal emerging markets and developing economies. The GDP of many nations has also rebounded from the 2020 contraction and increased significantly. Let's hope this rate of progress continues in 2022!"

Chavi Gautam, AIS Mayur Vihar, IX C

were several political upheavals including the Taliban takeover of Afghanistan. And when the US President Joe Bidden faced criticism over his move to withdraw American troops from the war-torn country, he justified it by saying that history will record it as a "logical, rational and right decision". Not just the withdrawal but the move also ended up causing Taliban to seize power of Afghanistan just two weeks before the US was set to complete its troop withdrawal after a two-decade war. We saw on the news how the insurgents stormed across the country and captured all major cities in a matter of days."

Anay Chaturvedi, AIS Gwalior, IX A

Writing is an art and there's no better platform to exercise it than your own beloved GT! To unleash the writer in you, GT brings you a new topic every time and asks for your views on the same. Here are some intriguing responses from young writers at Amity for the prompt...

With 2021 coming to an end, according to you which social / political / economic event has been the highlight of the year and why?

The prompt

"The European Union's Digital Covid certificate or "Green Pass", that came into effect on July 1 with an aim to facilitate hassle-free movement of vaccinated travellers amid virus restrictions, was definitely the highlight of the year. As of today, this pass is in use in 31 European countries (27 members of EU bloc and 4 non-members). Cross country travel had been put on a halt all over the world since the pandemic erupted last year, and it was time people got the chance to reconnect with their families and friends living on the other side of the world. For human touch is all that was needed after the long COVID-19 haul. Though the pandemic's still far from over, we can at least fight against it and weed it out with our loved ones next to us and on our side." Alifa Zehra, AIS VYC Lko, IX A

"We all know that
the enactment of the three agricultural laws in September 2020
made more than two lakh farmers,
majorly from Punjab and Haryana, march from
their homeland to the national capital under the 'Dilli
Chalo' campaign, violating all possible guidelines of social
distancing. And in 2021, to end the misery of the 'kisan bhai' of
the country, the hon'ble Prime Minister addressed the farmer
agitation, the Farm Laws Repeal Bill was cleared, it marked
the 'Vijay Diwas' for all farmers across the country."
Sudiksha Sarcar, AIS Gurugram 46, XII H

"The impact of COVID-19 continued from the previous year into 2021. The world was shaken by the devastation and loss of lives. But there was some hope in the form of vaccines. India rolled out a vaccination drive on 16 January, 2021 and in less than a year, it became the world's largest vaccination drive. It was the combined efforts of scientists, engineers, administration, industry, health care personnel, volunteers and people's cooperation that made it possible. India has managed to fully vaccinate about 30% (29 crore) of the eligible population whereas 71 crore have received at least one dose. This strength through adversity is a true highlight. It reinforces our belief that together, we shall overcome."

Akshita Shrote, AIS Vasundhara 1, IX B

tion of the three Farm Laws that were initiated by the Parliament of India in September 2020 were repealed after a year-long protest. The laws that were passed keeping in mind the interest of farmers faced severe resistance and led to massive protests in areas such as Punjab, Haryana, and Delhi, amidst the pandemic. The protestors have finally begun to return home, happy and content, as the government gave in to their demands. Some people think of this as an act of 'giving up' but I believe it is an act of prioritising. In conclusion, taking the three laws back was a very sensible decision that would help restore peace back in the agricultural sector."

Yashika Das, AIS Saket, IX D

"We have all seen the news of cataclysmic heat waves, floods, storms, landslides, forest fires, and what not, that have been brought due to climate change.

Postponed due to the pandemic from 2020 to 2021, the COP26 saw many preemptive promises, pacts, and powerful political criticism over the talk of the town - climate change. While 2021 has been a year of several benchmarks in several fields, in my opinion, the 26th UN climate change conference at Glasgow was the highlight of the year. Actions speak more than words and I believe we have seen quite some attempts towards tackling the issue in this two-week-long conclave."

Charu Anuraj, AIS Vasundhara 6, X A

"1,33,88,12,577 - no, it is not a phone number. It is the total number of vaccination doses that have been given in India in the world's largest vaccination drive, and the number is still increasing as you read this. All through the last two years, the world has been fighting valiantly against COVID-19. India too has put its best foot forward in the fight against this virus. While it normally takes 8 to 12 years to make a vaccine, it was because of the strenuous efforts of the scientists that our country made this record-breaking innovation of creating two vaccines, Covaxin and Covishield, within a span of one year. This vaccination drive has successfully helped India to flatten the curve of deaths due to covid. Undoubtedly, it is the largest social highlight of the year or the decade."

Naina Kapoor, AIS Pushp Vihar, X A

"The 2020 Tokyo Olympics and the new Covid-19 variants were two things that gathered most of the attention in 2021. The Olympic games started from July 23 and immediately became the centre of interest worldwide, to the point that they were even talked about days after the event eventually came to an end on August 8. Indian track and field athlete, Neeraj Chopra's golden throw was definitely the highlight for me. On the contrary, much to our dismay, COVID-19 came up with a new Delta variant that peaked in India in April and May, confining us to the four walls of our homes yet again. And more recently, in November to be precise, another new Covid variant known as Omicron came into force. Though it hasn't really blown up yet, the situation is more than likely to be the same as earlier, if necessary precautions are not undertaken."

Mridul Maurya, AIS Jagdishpur, XI A



The Statue of Liberty is considered as the largest and biggest Christmas gift ever given in the world. It was given to USA by France in 1886.

# Hepatitis Day

## Amitians Resolve To Knock-Out Hepatitis From India



#### **Amity Group of Schools**

ow! All the prize have been won by the children of Amity, " said the Olympics Champion Boxer, Mary Kom, as she read out the list of winners of different competitions held on 24th Hepatitis Day, Dec 4, 2021. Graced by Mary Kom as the chief guest, the annual event organised by Institute of Liver and Biliary Sciences and Delhi Government, once again witnessed sterling laurels being won by the students of Amity.

Dr Ashok K. Chauhan, Founder President, Amity Universe, was accorded a heartfelt gratitude and reverence for continuously supporting the cause, at the gala function graced by eminent dignitaries like Prof (Dr) SK Sarin, senior professor and vice chancellor, ILBS; Dr Manish Sisodia, deputy chief min-

ister, Delhi, and Satyendar Jain, health minister, Delhi. Some programs for helping hepatitis patients were also announced on the occasion by the health minister of Delhi.

Four competitions namely poster making, slogan (Hindi & English), declamation (video) and cartoon making based on the theme 'Winning Over Hepatitis' were organised to enhance the understanding of hepatitis among school children. Amitians proved their prowess of deep understanding of the menance of Hepatitis and ways for eradicating it through their creative expressions which won them laurels.

In cartoon creation, Mokshita Grover (IX), AIS Gurugram 43 won first prize, Amanjot (IX), AIS Gurugram 46 bagged second prize and Vibhushi Aggarwal (IX), AIS Vasundhara 6, got third prize while, Aryan Pandey (IX) received special mention. Jasmine (VIII) and



Anya Lal (IX), from AIS Pushp Vihar and Aarohi Kansal (VII), AIS Noida, won first, second and third prize respectively in poster making. Samaya Chauhan (VIII) and Suhani Chauhan (IX) from AIS Pushp Vihar, received special mention in the competition for their outstanding posters.

In slogan writing (Hindi) event, Manya Verma (IX), AIS Mayur Vihar, won first prize, Ripunjay Vashishtha (IX), AIS Vasundhara 6, won second prize and Sanskriti Katyal (IX), AIS Vasundhara 6, got third prize. Prakshi Jain (VIII), AIS Vasundhara 6, and Diksha Mullick (VIII) and Akshita Vij (IX) from AIS Vasundhara 1, bagged first, second and third prize respectively in slogan writing (English). In declamation, Niranjan Pande (IX), AIS Vasundhara 6, got first prize and Nitya Malhotra (XI), AIS Gurugram 43, bagged third prize. GT



## Adieu General Rawat

## A Tearful Soulful Tribute

AIMC

Amity Indian Military College (AIMC) paid a soulful tribute to the Late Chief of Defence staff, General Bipin Rawat, his wife late Madhulika Rawat and 12 brave warriors of Indian Army and Indian Air Force killed in Coonoor Chopper crash, in a special assembly held on December 9, 2021.

During the assembly, headmaster Col. R C Patial, administrative officer Col. Ravinder Singh, teachers and students of AIMC paid floral tributes to them and observed a two minutes silence to pray for the eternal peace of the departed souls. Col. Patial in his address not only spoke about Late CDS Gen. Bipin Rawat's contribu-



tion to enhance Indian Defence services, and his exemplary valour but also shared about his personal interactions with him. Choked with emotions, he expressed his grief over this irreparable loss to the regiment, armed forces, humanity and the



## Two nations, one Ramayana

## Learning About The Epic

**AERC** 

tudents from ClassVII-IX of India and Indonesia participated in a virtual Indo-Ramayana Exchange Programme, organised collaboratively by AFS and Amity Educational Resource Centre (AERC) from October 25-26, 2021.

The Indian side was represented by 25 students of AIS Pushp Vihar, and the Indonesian side was represented by 11 students of SMPN 5 Yogyakarta, and 19 students of Tumbuh High School, Indonesia. The programme was held under the visionary leadership of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of School and RBEF, with an aim to instil respect for the cultural diversities and make students understand different ways in which Ramayana is portrayed in both the nations.

On the first day, Indonesian

students presented Ramayana in the form of a dance ballet in their native dance style followed by a question answer session. They also showcased important facts related to their country and took everyone on a virtual tour of the famous temples in Indonesia related to their story of Ramayana.

On the second day, students of AIS Pushp Vihar, presented Valmiki Ramayan and shared the virtues they learnt from the epic. They took the audience on a virtual tour of famous monuments like Akshardham temple, Qutub Minar, The Golden Temple, India Gate and Konark temple.

The participating students understood that Ramayana in both the nations is same. However, the only difference is, in Indonesia, the narrative is more on the love of Rama and Sita while in India, the emphasis is on good virtues as a way of life, for everyone.

## The sacred guide of democracy

## Amitians Observe The Constitution Day Quiz By Korea

**AERC** 

ational Law Day or Constitution Day is celebrated in India on 26th November every year, to commemorate the historic day when, our Constitution was adopted by We, The People. To celebrate the Constitution Day of India this year, Swami Vivekanand Cultural Centre, Embassy of India, Seoul, organised a quiz for the children of Indian diaspora in the Republic of Korea.

Twenty-five students from Class VI-IX of AIS Vasundhara 6, observed this quiz as viewers to enrich their understanding of the Constitution of India. The quiz also marked the first ever collab-



oration of Amity Educational wal (VIII) and Arpan Dubey Resource Centre (AERC) with Swami Vivekanand Cultural Centre, Embassy of India.

On the occasion, Keertana Harish (IX) presented the Preamble through Bharatanatyam Mudras. Soham Roy (VII), Manya Aggar-

(VIII) performed role plays of Sardar Vallabhbhai Patel, Sarojini Naidu and Dr B R Ambedkar respectively, and highlighted their valuable contributions in drafting the Constitution of

The first round of the quiz comprised 30 MCQs based on the framework of the Indian constitution, the fundamental rights, duties, directive principles of state policies, articles and organs of the government. The second round comprised picture-based questions of famous personalities like Dr BR Ambedkar, Sarojini Naidu, C Rajagopalachari, Dr Rajendra Prasad and other eminent constitution makers.

The event concluded with mesmerising 'Country Spectrum' dance performance by Class VI students namely, Vania Jain, Avnija Maurya and Charukshi Bareja wherein, they rhythmically depicted the adoption of Indian flag and constitution. GI

## **Dutch films come to India**



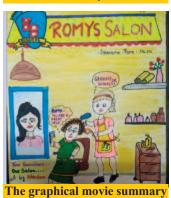
A still from Romy's Salon

## **Dutch Children Film Fest** AERC

tudents from Class III-VIII of AIS Mayur Vihar, AIS Gurugram 43, AIS Gurugram 46, AIS Vasundhara 1 and AIS Vasundhara 6, enjoyed watching Dutch films at 2<sup>nd</sup> Dutch Children Film Festival, organised by the Embassy of the Kingdom of Netherlands, New Delhi. The online festival held to celebrate Children's Day in India, screened four popular award winning Dutch films every weekend from Nov 13-Dec 5, 2021.

The aim of the festival was to acquaint Indian students and their parents with Dutch culture, and entertainment. Films screened were: Life According To Nino, Horror Bus, Romy's Salon and Miss Sing Song. These films touched upon an array of topics like, the bond of love between a child and a rabbit which helps him face ups and downs in life, bullying, fighting Alzheimers and searching for a lost parent. The creative portrayal of such topics helped them understand social and emotional issues which are mostly neglected. GI





Variety

Around 1.6 billion Christmas cards are purchased by Americans every year.

All top quotes contributed by Ridhaan Talwar, AIS Gur 46, V A



# n optimistic roar

Satyam Mehta's Journey From Making An App To Featuring In Forbes!



A glimpse of several initiatives by Satyam

Stuti Kalra, GT Network

ome children are rather gifted. Yes, gifted, for how else do you describe children who have prestigious titles like the Diana Award 2021 to their credit. Or students who find their name in fine print in Forbes, a leading business magazine. Satyam Mehta, a student of Class XII, AIS **Noida**, has both the laurels in his kitty. So, calling him gifted wouldnt be a

But identifying and nurturing this innate potential is a task in itself, one that Amity educators seem to have mastered over time. So, when Satyam made it to Forbes for his free-to-use app 'Rural Invest', Amity's holistic approach to education was attested for success once again.

It is not surprising that this talented young boy has been recognised for this out-of-the-box entrepreneurial initiative, given the app's unique function to help rural India understand the nuances of personal wealth management. He has utilised every opportunity pro-

vided by the school to hone and develop his academic and social expertise. His engagement in programmes like 'Youth Power', an initiative of Dr (Mrs) Amita Chauhan, Chairperson, Amity Group of Schools and RBEF, and 'NYS Leaders League' has helped him develop his leadership skills and critical thinking required to be a changemaker. Besides, he has exhibited his entrepreneurial acumen previously with JunkGuards, an initiative to dispose e-waste safely, and with Pravahkriti, an effort in the area of menstrual health.

Every innovation, however, has a story of inspiration behind it. Satyam shares that the idea for 'Rural Invest' struck when he observed his brother's financial literacy initiative, 'High School Investors', for school students. He realised that a large part of rural India is still bereft of economic literacy, and technology could be leveraged to meet this need. Motivated by his grandfather's advice to "save like a pessimist and invest like an optimist", Satyam went ahead to design the app with the



aim to train the simple-minded village folk on how to save and then invest in mutual funds. With 400 registrations and over 1 crore INR in investment, the app has already garnered a lot of success. This is a huge feat given the challenges that Satyam had to face during the pandemic.

In fact, it is this spirit of wanting to bring about meaningful change in the world that has always inspired Satyam. JunkGuards was born when he decided to use all the knowledge that he had gathered during a social impact competition of NYS Leaders League, where he had represented his school and won the first prize as well. The idea was to motivate everyone towards adopting cleaner practices and this effort, too, met with great success. The app, in its very first foray, helped collect around 700 kg of electronic waste and got it disposed safely.

Equally applaud-worthy is his involvement in 'Pravahkriti', a menstrual awareness initiative undertaken as a part of Youth Power program of his school. This experience, he be-



# From GT to print!

## From The Indefatigable Pen Of 'Just Another Girl'

Mrinal Verma, GT Network riting has always been my primary coping mechanism. My emotions, struggles, successes, and all the backend clamours in my mind are carefully stored in my poems and prose, which makes them a very personal treasure," says Stuti Kakkar, an alumna of AIS Saket, who is currently pursuing BA (H) Economics at Lady Shri Ram College for Women, DU. Her love for writing, that started with her being a GT writer and later the editor-in-chief of her school, has finally culminated in her publishing 'Just Another Girl: A Stranger in a Strange World' - a part of the personal treasure she has put out for the

world to read and review, and that we did!

What is the book about?

It is an anthology of twenty poems. From introspective tales and tragic blues written in moments of suffering, to satire on society and even cheerful compositions, the book takes you on an emotional rollercoaster. The poems have been written at various stages of my life and finally compiled in this book.

### And what inspired you to finally publish it?

During the second wave of COVID-19, there was a lot of uncertainty around us and even more pain, so I started going through my old writings and I found a new comforting embrace in them. I shared some of my poems with my friends who found them to be "extremely relatable". That's when I thought how great it would be if I could make someone feel understood and heard through my writings.

The process sounds easy in retrospect, but was it really?

No, it wasn't. The biggest challenge was answering the question - "Will this piece add any value to my reader's experience?" My main aim was to ensure that I am able to explain the context of the poem well. It was a very long process of writing, editing, proofreading, getting feedback, and starting the whole process again! I know a lot of writers get frustrated at this stage because what you might think of as your 'best work' might just be extremely ordinary to someone else. But to accept constructive criticism and discover new ways to improve yourself is the true journey of writing a book. And your struggles don't just end with writing - you have to get them published. Finding the right publisher is also not an easy task, but thankfully I found Book-Leaf Publishing. Now my book, which has about 51 pages and

costs around 150 INR, can be

found on multiple platforms, including Amazon, Apple iBooks, Barnes & Noble etc.

## What is the key message you wanted to put out with the

The most important message or takeaway I hope readers get is that they are not alone. We always tend to ask - "What's wrong with me?", but I hope that when people read my book, they realise that they are not alone, that there are people out there who have faced similar issues and yet rebounded. And my book is not for any specific age group because poetry knows no age. The book can be read by anyone and everyone, and everyone will take away something unique from it.

### How has your experience been so far in the literary world?

It has been great! I have been writing for a long time, and the support I have received keeps me going. My parents have also



## **GT Author's Desk**

been very supportive, which encouraged me further. My mother has an inclination towards literature and my grandfather was also an English teacher, so my family has always been appreciative. Even my school principal Divya Bhatia ma'am and vice principal Alka ma'am, and other school teachers were so supportive. Not to miss the GT family who played a pivotal role in nurturing me as a writer, and I am very glad that I had them!